



Key Stage 3 progress grid

Subject PE

Year 9

Topic / skill area Striking and fielding

Trajectory	I am able to
T9, T8	<input type="checkbox"/> successfully lead the whole class in an effective warm up. <input type="checkbox"/> pick and change a team depending upon the opposition skill set. <input type="checkbox"/> explain what skill set is best for each position- both health-related and skill related components of fitness <input type="checkbox"/> use a range of tactics in a game. <input type="checkbox"/> demonstrate a very good level of accuracy and consistency in batting, bowling and fielding. <input type="checkbox"/> play in a game and have a large influence on the outcome of the result. <input type="checkbox"/> categorise players from best to worse from watching, and give consistent accurate feedback on how they can improve <input type="checkbox"/> coach players in how to bat and bowl in game situations <input type="checkbox"/> explain what skills are needed for different positions and why
T7	<input type="checkbox"/> plan a complex striking and fielding warm up <input type="checkbox"/> plan advanced team strategies to achieve success in a striking and fielding game. <input type="checkbox"/> lead a small group warm up <input type="checkbox"/> perform more advanced fielding techniques demonstrating consistent accuracy and success. <input type="checkbox"/> perform more advanced batting techniques showing placement, with consistent control and success <input type="checkbox"/> have an influence on the outcome of a game. <input type="checkbox"/> explain in detail how to prepare for and recover from striking and fielding activities <input type="checkbox"/> coach a player on where best to place their shots. <input type="checkbox"/> evaluate my teams batting performance and suggest strategies on how to improve.
T6	<input type="checkbox"/> plan a complex striking and fielding warm up <input type="checkbox"/> plan advanced team strategies to achieve success in a striking and fielding game. <input type="checkbox"/> plan where to place my shots and explain why in small sided games. <input type="checkbox"/> perform more advanced fielding techniques demonstrating consistent accuracy and success. <input type="checkbox"/> perform more advanced batting techniques showing placement, with consistent control and success <input type="checkbox"/> bat and bowl consistently, using good technique <input type="checkbox"/> explain how to prepare for and recover from striking and fielding activities <input type="checkbox"/> identify strengths and weaknesses in others striking and fielding and help them improve. <input type="checkbox"/> analyse and comment on my own and others striking and fielding and suggest ways to improve it.
T5, T4	<input type="checkbox"/> plan a striking and fielding warm up <input type="checkbox"/> plan team strategies to start achieving success in striking and fielding games <input type="checkbox"/> plan where to place my shots in small sided games. <input type="checkbox"/> perform my batting skills with more consistent accuracy and precision. <input type="checkbox"/> perform more advanced fielding techniques with increasingly consistent success <input type="checkbox"/> bat or bowl well using good technique <input type="checkbox"/> warm up/cool down appropriately for striking and fielding <input type="checkbox"/> adapt and improve my techniques to improve my overall success as a player <input type="checkbox"/> comment on, and start to analyse my own and others striking and fielding techniques
T3	<input type="checkbox"/> plan a simple striking and fielding warm up <input type="checkbox"/> plan how to set up a fielding team to cover main batting areas <input type="checkbox"/> perform my batting skills with some precision and accuracy <input type="checkbox"/> perform fielding skills e.g. bowling with increasing success <input type="checkbox"/> compare my batting and fielding to others and make basic improvements <input type="checkbox"/> I can give a few reasons why a specific warm up is important identify some areas others need to improve on
T2, T1	<input type="checkbox"/> plan a simple general warm up <input type="checkbox"/> explain the positions that should be used in a fielding team <input type="checkbox"/> demonstrate basic batting skills with some success <input type="checkbox"/> select and use some basic fielding skills e.g. underarm throw and catch with some success <input type="checkbox"/> give some reasons why warming up is important <input type="checkbox"/> compare my batting and fielding with others <input type="checkbox"/> make some basic improvements in my own batting and fielding work



Progress