



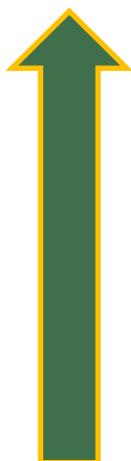
Key Stage 3 progress grid

Subject PE

Years 9

Topic / skill area Tennis

Trajectory	I am able to.....
T9, T8	<ul style="list-style-type: none"> <input type="checkbox"/> plan and adapt more complex doubles tactics and strategies depending on my own and partners strengths and weaknesses <input type="checkbox"/> use my knowledge to plan and develop more complex tactics and strategies to target opponent weaknesses <input type="checkbox"/> plan how to adapt more complex tennis tactics and strategies to overcome opponents <input type="checkbox"/> use come more advanced offensive and defensive tactics and strategies in changing situations <input type="checkbox"/> perform effective serves with consistently good technique and precision <input type="checkbox"/> select and apply a variety of shots to competitive situations to keep my opponent guessing <input type="checkbox"/> regularly comment on, and analyse others work to make significant improvements to their tennis technique and performance <input type="checkbox"/> regularly comment on, and analyse my own work to adapt and make significant improvements to my technique and performance in tennis <input type="checkbox"/> regularly comment on, and analyse my own work to adapt and make significant improvements to my technique and performance in tennis
T7	<ul style="list-style-type: none"> <input type="checkbox"/> plan how to adapt some tennis tactics and strategies to overcome opponents <input type="checkbox"/> use my knowledge to plan and develop some tactics and strategies to target opponent weaknesses (e.g. hitting to their weaker side) <input type="checkbox"/> plan and adapt some doubles tactics and strategies depending on my own and partners strengths and weaknesses (e.g. positions on the court) <input type="checkbox"/> select and apply a variety of shots to competitive situations, with mostly good control and accuracy <input type="checkbox"/> demonstrate good serve technique, with increasingly consistent accuracy and some precision <input type="checkbox"/> use some complex offensive and defensive tactics and strategies in changing situations <input type="checkbox"/> comment on, and analyse my own work to adapt and make notable improvements to my technique and performance in tennis <input type="checkbox"/> comment on, and analyse others work to make notable improvements to their technique and performance in tennis <input type="checkbox"/> give detailed constructive feedback to make notable improvements to my own and others technique and performance in tennis
T6	<ul style="list-style-type: none"> <input type="checkbox"/> plan an effective and appropriate warm up for tennis <input type="checkbox"/> plan some specific tennis drills to improve some more complex tennis skills (e.g. the volley and the serve) <input type="checkbox"/> plan few tennis tactics and strategies to overcome opponents <input type="checkbox"/> select and perform a variety of appropriate shots, with increasing control and accuracy to continue a rally <input type="checkbox"/> demonstrate mostly good technique when serving, with increasing accuracy <input type="checkbox"/> apply more complicated tactics and strategies in competitive situations <input type="checkbox"/> comment on, and start to analyse my own work to adapt and make some



Progress

	<ul style="list-style-type: none"> improvements to my technique and performance in tennis <input type="checkbox"/> comment on, and start to analyse others work to make some improvements to their technique and performance in tennis <input type="checkbox"/> give more detailed constructive feedback to make some improvements to my own and others technique and performance in tennis
T5, T4	<ul style="list-style-type: none"> <input type="checkbox"/> plan a more specific warm up for tennis <input type="checkbox"/> plan some specific tennis drills to improve basic tennis skills (e.g. the forehand or backhand stroke) <input type="checkbox"/> plan basic tennis games and tournaments <input type="checkbox"/> select and perform some basic shots (e.g. forehand, backhand and volley) with some control and accuracy when rallying <input type="checkbox"/> perform a basic serve with some good technique, but limited accuracy <input type="checkbox"/> understand and try to apply some basic tactics and strategies in competitive situations <input type="checkbox"/> describe with some detail why I have performed well, and what do to improve my own technique and performance in tennis <input type="checkbox"/> describe with some detail why others have performed well, and suggest some areas others need to improve <input type="checkbox"/> give some constructive feedback to make few basic improvements to my own and others technique and performance in tennis
T3	<ul style="list-style-type: none"> <input type="checkbox"/> plan a more specific warm up for tennis with some support <input type="checkbox"/> Plan, with some support, specific tennis drills to improve basic tennis skills (e.g. the forehand or backhand stroke) <input type="checkbox"/> Plan, with some support, basic tennis games and tournaments <input type="checkbox"/> select and perform some basic shots (e.g. forehand and backhand) with some control and accuracy when rallying <input type="checkbox"/> perform a basic serve with some technique, but limited accuracy <input type="checkbox"/> Understand, with some support, and try to apply some basic tactics and strategies in competitive situations <input type="checkbox"/> describe with little detail why I have performed well, and what do to improve my own technique and performance in tennis <input type="checkbox"/> describe with little detail why others have performed well, and suggest some areas others need to improve <input type="checkbox"/> give some constructive feedback, with some support, to make few basic improvements to my own and others technique and performance in tennis
T2, T1	<ul style="list-style-type: none"> <input type="checkbox"/> plan a more specific warm up for tennis with support <input type="checkbox"/> Plan, with support, specific tennis drills to improve basic tennis skills (e.g. the forehand or backhand stroke) <input type="checkbox"/> Plan, with support, basic tennis games and tournaments <input type="checkbox"/> select and perform some basic shots (e.g. forehand and backhand) with some control when rallying <input type="checkbox"/> Attempt to perform a basic serve <input type="checkbox"/> Understand, with support, and try to apply some basic tactics and strategies in competitive situations <input type="checkbox"/> describe with very little detail why I have performed well, and what do to improve my own technique and performance in tennis <input type="checkbox"/> describe with very little detail why others have performed well, and suggest some areas others need to improve <input type="checkbox"/> give some constructive feedback, with support, to make few basic improvements to my own and others technique and performance in tennis